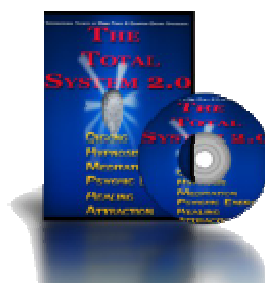




## Coaching & Membership Module #1

“This first module is all about preparation and making sure you are staying focused on what you need to stay focused on. The basics are the key when looking to develop Incredible Mind Force & Quantum Qigong Power. In addition to the content in this first module, you’ll also have access to other video, audio and documents in some of the other sections of the membership.....”

*Siful Perhacs*



## Videos

### [The Concept of Quantum Qigong Alchemy “Part 1”](#)

Alchemy is the science of turning one substance into that of another. In this video, you’ll begin to understand that by using the concepts Mind Force & Quantum Qigong, you are actually creating a change physically, mentally and spiritually.

### [The Concept of Quantum Qigong Alchemy “Part 2”](#)

Alchemy is the science of turning one substance into that of another. In this video, you’ll begin to understand that by using the concepts Mind Force & Quantum Qigong, you are actually creating a change physically, mentally and spiritually.

### [Primordial Qi & Breathing Techniques](#)

Primordial Qi is the essence of energy you were born with and combined with the breathing, brings out your latent abilities to manipulate with that Qi energy. You will learn (4) specific breathing types in this video.

### [Voice Tone & Power](#)

Your voice and tones hold power. That power is both a Qi power and mental power that you can use to influence others many different ways.

### [Hypnotic Influence Technique of the Month- "Because"](#)

Each pattern contains a secret. This one is unique in that it has actually been scientifically tested as an influence bridge that is used daily by millions even if they don't know they are using it specifically.

### [Covert Persuasion Part 1](#)

Covert Persuasion and influence is a unique topic and over the next several modules, you discover how you can master these little known methods to persuade and influence with power.

### [Strangest Secret Commentary & Video/Audio of Original Production](#)

Probably one of the best selling "Self Help" audios of all time, conducted by Earl Nightengale, who started the now famous self help publishing company "Nightengale-Conant". Even though this was recorded during the 1950's. Commentary is provided as well as a video/audio of the actual presentation. This one recording has changed many lives over the years.

### [How to Use Subliminal Files](#)

This video is taken directly from the Subliminal Solution System and will show you exactly how to use the subliminal files you'll be receiving over the coming modules. A truly integrated approach to a much talked about concept.

### [How To Create Your Own Personal Subliminal Recording Studio](#)

The first time we shared this with others they were blown away! We show you a tool you can use to create your own subliminal and affirmation audio files. This is one secret that has been able to establish us as being on the cutting edge of how to get our clients the quickest results possible.

### [Mind Mapping Tool](#)

Here is another excellent tool you can use to further your progress. On a lot of the videos, people used to ask where all these cool tools come from. Well, here is the Mind Mapping tool we personally use.

### [Creating "Snap Shot" Awareness](#)

Creating "Snap Shot" Awareness is the ability to enter a room, scan it, and know exactly what is going on in that room for later recall. Many of the top Mentalists use this very same technique to know how to control a room.

### [Remembering Esoteric Skills](#)

In order to go from the unknown to the known you have to pre-program your mind for the outcome you desire. This short exercise will allow you to tap into a portion of your mind that allows you to remember things, even if they are imagined. This is one secret tool that will help you go far in this training.



## Audios

Many of these audio files are the MP3's of the Videos, while others are additional content. Our members asked us to provide as much of the video content on MP3, so they could download it to listen at their leisure.

[Covert Persuasion](#)

[Hypnotic Pattern- "Because"](#)

[Strangest Secret Commentary](#)

[Snap Shot Awareness](#)

[Remembering Esoteric Skills](#)

## **Subliminal Entrainment Files**

These unique files will enable you to get to a deeper state of relaxation with your meditations. These tracks have been specifically designed for use with Mind Force Quantum Qigong training. The sounds contain their own kind of energy that will allow your own qi energy to resonate at a much higher level. Combine these with your affirmations and directions and you have an unstoppable force for positive change.

[Alpha Hypnotic Dual Induction](#)



## **Documents**

[Module 1 Training Guide](#)

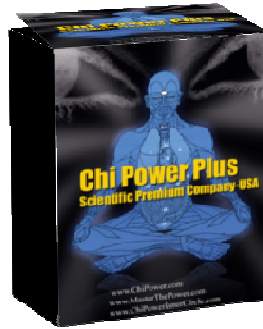
This training guide will be a quick reference for all of the things you've learned in this module. Print this guide out so you can keep track of your progress as well as keep you focused on the skills you are learning within each module.

[Hypnotic Influence Notes- "Because"](#)

[Snap Shot Awareness Notes](#)

[Remembering Esoteric Skills](#)

# Product Download



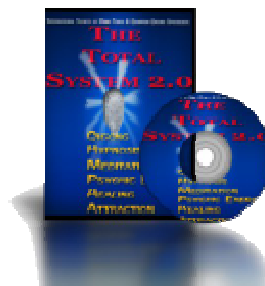
[Chi Power Plus System](#)

## Coaching & Membership Module #2

**Please Let Us Know If You Have Any Questions Regarding This Material.**

“This second will be going over many more concepts as it relates to The Advanced Chi DVD #1 as well as other training tips and methods. Each module, you will learn specific methods to hone your skills down.”

*Siful Perhacs*



## Videos

### [The Advanced Chi DVD Volume 1- Building Chi Pressure](#)

This is the first real exercise set that you will want to master. In fact, as you develop your Qi, you will be modifying elements of this routine. Even if this was the only exercise set you had, you would still be years ahead of 90% of all Qigong practitioners.

### Quick Start Videos

These videos are from The Chi Power Inner Circle and contain great insights on how to get the training to work even better.

[Quick Start Video #1- Introduction](#)

[Quick Start Video #2- Advanced Chi DVD](#)

[Quick Start Video #3- Blood Washing](#)

[Quick Start Video #4- Lying Down Meditation](#)

[Quick Start Video #5- Chi Projection & Manipulation](#)

[Quick Start Video #6- Mental Strength](#)

## **Hypnotic Influence Patterns**

Take each pattern and drill each one per week. Use it everyday until you are comfortable with the concepts explained. You will increase your ability to hypnotically influence and use covert persuasion much quicker this way.

[“Fact, Fact & Fact”](#)

[“Said”](#)

[“A Person Could”](#)

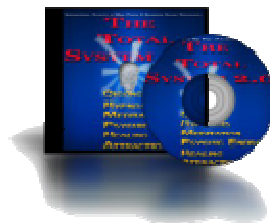
## **Psychic Perception**

[“Roll Back Time”](#)

If you've ever wondered about rolling back time in order to understand things in a more psychic manner, this video will uncover some unique concepts for you to implement.

[The 7 Factors of Mental Preparation](#)

In this video you will learn some keys to preparing mentally for the Quantum Qigong and Mind Force Training you will be undertaking. You must always pay attention to the Mental as well as the Physical aspects of your training.



## **Audios**

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[Inner Circle Call \(Original Membership, but Contains Great Content\)](#)

[Q&A Session from Inner Circle \(Good Content\)”](#)

[7 Factors for Mental Preparation](#)

## **Subliminal Entrainment Files**

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[Theta Disassociation Relax](#)



## Documents

### [Module 2 Training Guide](#)

This training guide will be a quick reference for all of the things you've learned in this module. Print this guide out so you can keep track of your progress as well as keep you focused on the skills you are learning within each module.

### [The Law of Mentalism](#)

The book in this module is entitled **"The Law of Mentalism"**. This unique manuscript was digitally copied from its original book back at the turn of the century. Wait until you see how it is digitally restored. This book probably looks better than when you could get it at the book store. As with all of the books, make sure you are taking notes, so you can get all the nuggets of info they contain.

This was a groundbreaking book when it was published at the turn of the century, but the cool thing is the information and techniques work just as well today as they did back then...

\*\*\*Because this file has been digitally restored it is very large (over 20mb), so keep that in mind when downloading it...

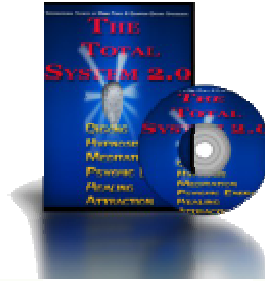
### [7 Factors for Mental Preparation](#)

## Coaching & Membership Module #3

**Please Let Us Know If You Have Any Questions Regarding This Material.**

"This third module, you'll begin to hone down your sensitivity skills..You'll learn how to tell if someone is lying to you as well as interpret the feelings of different colors. Gaining sensitivity is one of the most applicable skills you'll learn."

*Siful Perhacs*



## Videos

### [Auto-Suggestions & Affirmations for Chi Power](#)

From this day forward, you will never look at simple affirmations the same again. Once you learn how to combine your affirmations with your physical chi energy, you have an exponential winning combination.

### [Sensing Colors with Chi Energy](#)

Gaining sensitivity within your body is a key to this method of training. One of the ways to begin with sensitivity training is to be able to distinguish the difference between colors by using your chi to feel it.

### [How to Beat a Lie Detector Test](#)

In this video, you will learn unique ways in which you can hide your energy from something as potent as a Lie Detector Test.

### [Subconscious Body Language and Lying](#)

Knowing someone's unique body language is a give away to whether they are lying to you or not. This video reveals these methods.

### [Body Language Movements When Lying](#)

How to understand the exact movements of someone who is lying to you.



## Audios

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### [Auto-Suggestions & Affirmations for Chi Power](#)

### [Sensing Colors with Chi Energy](#)

### [Water & Energy Tele-Seminar](#)

### [Q&A Session from Inner Circle \(Good Content\)™](#)

### [How to Beat a Lie Detector Test](#)

[Subconscious Body Language and Lying](#)

## Subliminal Entrainment Files

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[Alpha Hypnotic Relax](#)



## Documents

[Module 3 Training Guide](#)

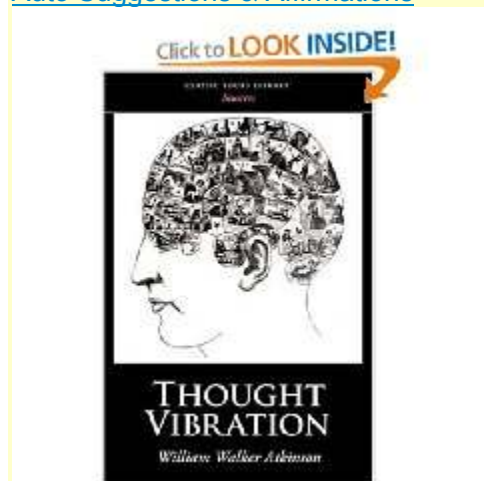
This training guide will be a quick reference for all of the things you've learned in this module. Print this guide out so you can keep track of your progress as well as keep you focused on the skills you are learning within each module.

[How to Beat a Lie Detector Test](#)

[Subconscious Body Language and Lying](#)

[Sensing Colors](#)

[Auto Suggestions & Affirmations](#)



[Thought Vibrations Book](#)

**Thought Vibrations:** Although This book was written in 1906, many of the concepts and methods used are relevant today. You will find this book to be insightful as to how to use your chi energy with thought vibrations. The key to this is understanding that we are showing you all of the different pieces to the puzzle so you can become more effective than someone else just using a few of the pieces. Thought vibration is potent, but when combined with the physical chi energy which you are building up, the power becomes exponential in nature.

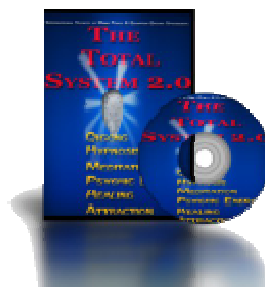


# Coaching & Membership Module #4

**Please Let Us Know If You Have Any Questions Regarding This Material.**

“Module #4 will showcase a unique tool for you to use for your Psychic Perception. There will also be several audio files which you will want to listen to several times to get the concepts down.”

*Siful Perhacs*



## Videos

### [Chi Energy Exposed](#)

See the Chi Master getting beat by a kickboxer...Do you want to know why? Watch this very informative video for the answer.

### [Psychic Perception and ESP Test](#)

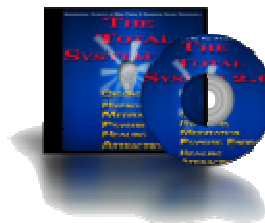
As your chi gets stronger, your perceptions will also. Use this simple test as a way to test your skills out.

### [Permission to Succeed](#)

If you've ever wondered if you needed permission to succeed, this video reveals the answer.

### [Qi Workout & Balancing Your Qi](#)

This video discusses where you should be at this point in your training and how to keep your energy balanced...



## Audios

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listen at their leisure. (Please note that there are other audio files for download if they correspond with a certain video. Check the video download page for additional audio files)

[Micro & Macro Cosmic Orbit](#)

[Sensing Chi Power, Quantum Physics & String Theory](#)

[How to Build a Chi Room & Clothes](#)

[Q&A Session from Inner Circle \(Good Content\)”](#)

1. Does It matter if I do the blood washing exercise side to side or top to bottom (front to back)?
2. Does the practice of the chi power plus build up any type of fortification of the body?
3. Can bones become denser or larger by using this practice?
4. Does this method have a quantum touch impact on the body?
5. Is it better to break up the workout or do it all at once?
6. Is it better to open or close my eyes while doing these exercises? I can feel it better when I close my eyes and focus all my attention on the energy.
7. How fast should I be doing the blood washing exercise? I have a preferred speed, but is there a correct one? Do different speeds do different things to the body?
8. Is doing the blood washing exercises in a soft way also make it cool?
9. Is it possible to be too yin? How would you know if you are?
10. How can I do energy packing on my arms like I do on my legs?
11. Can I still have sex with my wife or will it stop the build up of energy? Should I with hold the fluids or does it matter?
12. If I do the lying down meditation next to my wife while she is sleeping will she get hurt or will it affect her?
13. What kind of side effects should a person be feeling, I have been doing the exercises for 2-weeks now and I still don't seem like I'm doing anything? Am I doing something wrong?
14. When doing the standing meditation it seems like my feet are burning and it gets uncomfortable. Is this normal?
15. I understand from the mp3s that we are not going over breathing techniques like in the chi power plus, but will you teach them down the road and is that what you are teaching in the closed part of the system?
16. I'm not sure what you mean by a nerve fiber build up, does it mean you are actually building up the size of your nerve fibers and if so how could you tell?
17. While doing the lying down meditation, I try to go thru the mental process of the blood washing pattern. Lately when I'm doing it, I feel it there as much as when I do it physically, is this normal?
1. Does It matter if I do the blood washing exercise side to side or top to bottom (front to back)?
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## **Subliminal Entrainment Files**

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[Theta Deep Relax](#)

## **Qi Perception Acceleration Exercise**

In this guided short meditation, you will learn how to entrain your mind to the concept of Qi perception and sensitivity skills...

[Qi Perception Acceleration Exercise](#)



## **Documents**

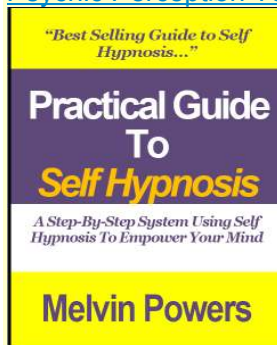
[Module 4 Training Guide](#)

This training guide will be a quick reference for all of the the things you've learned in this module. Print this guide out so you can keep track of your progress as well as keep you focused on the skills you are learning within each module.

[Qi Perception Acceleration Exercise](#)

[Permission to Succeed](#)

[Psychic Perception Test](#)



### [A Practical Guide to Self Hypnosis Book](#)

All of us like to think that our actions and reactions are a result of logical thought processes, but the fact is that suggestion influences our thinking a great deal more than logic. Consciously or unconsciously, our feelings about almost everything are largely molded by ready-made opinions and attitudes fostered by our mass methods of communication. We cannot buy a bar of soap or a filtered cigarette without paying tribute to the impact of suggestion. Right or wrong, most of us place more confidence in what "they" say than we do in our own powers of reason. This is the basic reason why psychiatrists are in short supply. We distrust our own mental processes and want an expert to tell us what to think and feel.

Despite this tendency to adopt our attitudes from others, man has always been dimly aware that he can influence his own destiny by directing his thoughts and actions into constructive channels. He has always, to some extent, known that his mind exerts a powerful influence on his body, and that thoughts can have harmful or helpful effects on his emotional and physical health. The ancient Egyptian sleep temples and the attempts by early physicians to drive evil spirits out of the body were both attempts to influence the body through the mind.

The unprecedented sale of *The Power of Positive Thinking* by Norman Vincent Peale and other inspirational literature proves that millions of modern people recognize the efficacy of constructive thoughts. What most of them do not recognize is that they are capable of implanting these beneficial thoughts in their own minds without reference to any outside agencies. This can be done through self-hypnosis.

In modern society we have many cults, religions and methodologies which have mental discipline as their goal. The best example of a methodology is psychosomatic medicine which deals with the interrelationship of the mind and body in the production of mental or physical illness. The rapid growth of hypnosis in the last few years is another example, and it is gratifying to see that the emphasis in this field is now shifting from hetero-hypnosis to self-hypnosis.

Self-hypnosis is a highly suggestible state wherein the individual- can direct suggestions to himself. It is a powerful tool in any therapeutic process, and highly motivated subjects can parallel the success of hetero-hypnosis through their own efforts. Self-hypnosis can be used as a palliative agent and can even afford lasting results in many areas of the organism. Self-hypnosis can alleviate distressing symptoms, substitute strong responses for weak responses, help overcome bad habits,

create good habits and help one's power of concentration. The total personality is eventually changed to the point where it can function adequately in an increasingly difficult environment. In learning self-hypnosis, the subject does not relinquish control of himself as is commonly believed. Actually, more control is gained. Self-sufficiency and self-confidence are inevitable results. It is well to remember, however, that even good things may be overdone, and good judgment is necessary for favorable results. Neither hypnosis nor self-hypnosis should ever be used indiscriminately. The effectiveness of self-hypnosis depends upon many factors. Strong motivation, intelligent application of suggestions and diligence are prerequisites.

We are not suggesting that self-hypnosis can take the place of all forms of psychotherapy. We do recommend it as an adjunct to therapy when indicated. Used judiciously, it can contribute a great deal to the individual's physical and emotional well-being and happiness.

## **Coaching & Membership Module #5**

**If You Haven't Contacted Sifu Perhacs to Go Over Your Training, Just Go to  
The Support Desk and Request a Time to Speak, Skype or Email  
Correspondence**

“Module #5 is really the module where you are going to get some really advanced insights into how the energy works. We interview a couple of people who have used this method successfully for many different types of techniques. This promises to be an eye-opening experience for many of you..”

*Siful Perhacs*



# Videos

## [Sensing Objects with Qi Energy](#)

See Andrei use his Qi skills to detect items without seeing them.

## [Cause and Effect Pattern](#)

Explode your hypnotic influence skills with this unique and provocative pattern.

## [Psycho-Cybernetics Training](#)

More useful training for your mind.



# Audios

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## [When to Know If You Should or Should Not Have a Training Partner](#)

## [Interview with Michael Allen](#)

## [Hypnotic Pattern- "When You"](#)

## [Chi Power Inner Circle Conference Call](#)

## [Q&A Session from Inner Circle \(Good Content\)"](#)

1. What is Wu Chi?
2. What is circle walking or walking in a figure 8 pattern?
3. What is Tai Chi/Chi Kung Ruler? 4. Will we be covering the martial aspects of chi kung?
5. Will we be going over any of these type techniques in our training?
6. After building my chi sometimes when I take a shower I feel somewhat claustrophobic-is this normal or am I yanging too much?
7. Does it make a difference whether my door id open or closed in my chi room?
8. How am I going to be effected if I am constantly working on people I don't know like in my reiki practice?
9. I was doing the energy too hard and the over flow went into my kidneys and now I can't train without pain, what should I do? Is there a way to speed up the time I have to wait so I can train again?
10. Should we use the same objects you use in the sensing objects video or can we pick ones of our own?
11. I have been trying to sense objects like you showed in the video, but can't get any of them right, do you have any suggestions to make it easier?
12. Can a chi master influence or control the outcome of games of chance, sports, casinos, ect.?
13. Is densified or condensed chi the same as ectoplasm?
14. What's your take on pyramid energy, chi generators and Crystal quartz?

15. What's your take on the Tibetan five rights which they say produce a rejuvenating effects?
16. The other day while talking with someone, who was describing them self going thru a panic attack, I started having chest pains myself-is this kind of thing normal? Do you think there is something wrong with me, he was having any symptoms just describing them?
17. Sometimes I feel pulsations in my ears during meditations and sometimes even without meditating and the pulses don't match my heart rate-is this normal or is there something wrong with my ears?

## Subliminal Entrainment Files

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[Alpha Hypnotic Goal Setting & Motivation](#)



## Documents

[Module 5 Training Guide](#)

This training guide will be a quick reference for all of the the things you've learned in this module. Print this guide out so you can keep track of your progress as well as keep you focused on the skills you are learning within each module.

[Psycho Cybernetic Training](#)

[Psycho Cybernetics](#)

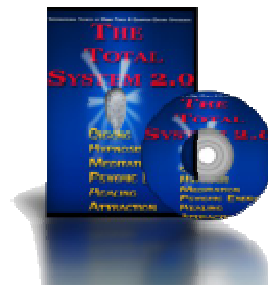
**Psycho Cybernetics:** By Maxwell Maltz- This book is one of the first “self help” books I read and had a profound impact on my life. Like many of the books I recommend, I suggest you get the hard copy of the book for your library. I have enclosed a PDF copy below for you to peruse, but once you see the power this book contains, you will want a hard copy for your records. Many of these books are very inexpensive, yet contain incredible insights and advice.

## Coaching & Membership Module #6

**If You Haven't Contacted Sifu Perhacs to Go Over Your Training, Just Go to The Support Desk and Request a Time to Speak, Skype or Email Correspondence**

“Module #6 contains more advanced content as well as a checklist on where you should be at this point in your training..Andrei is back, and this time he is bending metal with his Qi energy.”

*Siful Perhacs*



## Videos



**Month/Module 6 Check List** Where should you be after 6 module/months of training in

The Total System



**Bending Metal with Chi Energy** Learn how to use your Qi Energy to bend metal. A truly unique technique.



**Hypnotic Pattern- “A Person Doesn’t Have To”** Covert Persuasion and Hypnotic

Influence Pattern



**Hypnotic Pattern- “A Person Is Able To”** Covert Persuasion and Hypnotic Influence

Pattern



**Hypnotic Pattern- “A Person May Not Know”** Covert Persuasion and Hypnotic Influence

Pattern





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[Understanding How Pheromones Work In Relation to Your Qi Energy](#)

[Interview with Charles Dragoo Part 1](#)

[Interview with Charles Dragoo Part 2](#)

Charles has been training with this method since he was a teenager and will give many unique insights based on his experience. He is a black belt instructor in many styles and has trained with some of the top Qigong experts in the world.

[Hypnotic Pattern- "A Person Doesn't Have To"](#)

[Hypnotic Pattern- "A Person Is Able To"](#)

[Hypnotic Pattern- "A Person May Not Know"](#)

[Q&A Session from Inner Circle \(Good Content\)"](#)

1. What is the main source of chi we are using, is it from the air, food & water?
2. Can breathing from the left nostril only cause your body to cool down and breathing from only the right nostril heat you back up? Would this be an effective technique to use in order to cool my chi?
3. I like doing the blood washing exercise, but sometimes when I do it for more than an hour, I notice I get a lot of lower back pain, which seems to pulse, is this normal to feel? Is there a way around this pain as I suffer from lower back pain enough?
4. Lately, after doing my exercises and I finish with the lying down med, when I get back up I feel a rush of energy taking over my body (it's a good feeling energy-not really cool yet), but it seems to be everywhere, is the chi suppose to feel like this? Is this what you mean by the water stage? It does feel like a waterfall effect going thru my body.
5. What is jing energy and should I be cultivating it?
6. You told us about being able to speed up some one's heart and slowing it down-could you explain it further? I'm not sure what I'm suppose to do in order to do that.
7. Will the Vol-1 DVD take you to a level where you can see and hear dead people?

8. If I only bought the Vol-1 DVD and didn't get any future volumes would I still get good enough to move something like of significance?

9. I know you said I might feel sensations in my ears and around my body (like sounds and movements), but lately when I have been doing my exercises, I have been hearing cracking, Crunching, and popping sounds, like electricity sometimes does when it is overloading a line, does this mean I;m overloading myself?

10. Sometimes in my lying down meditation I can hear faint voices talking, but I can't figure out what they are saying. Is it normal to pick up voices while practicing this kind of chi gung?

## **Subliminal Entrainment Files**

These unique files will enable you to get to a deeper state of relaxation with your meditations. These tracks have been specifically designed for use with Mind Force Quantum Qigong training. The sounds contain their own kind of energy that will allow your own qi energy to resonate at a much higher level. Combine these with your affirmations and directions and you have an unstoppable force for positive change.

[Theta Disassociation Dual Induction](#)

## **Qi Perception Acceleration Exercise**

In this guided short meditation, you will learn how to entrain your mind to the concept of Qi perception and sensitivity skills...

[Qi Perception Acceleration Exercise](#)



## **Documents**

[Module 6 Training Guide](#)

This training guide will be a quick reference for all of the the things you've learned in this module. Print this guide out so you can keep track of your progress as well as keep you focused on the skills you are learning within each module.

[Power of Will](#)

**Power of Will: by Frank Channing Haddock-** My first recommendation is to carefully and methodically read the book from beginning to end. Do not skip about, but take each lesson in regular order. Mentally absorb as much of what you read as you can, marking in the margins, or making other note of such paragraphs or sections as afford instructions which you feel particular need of. Return to them later on.

Try each day to put into practical use in your personal affairs and your associations with other people, the principles you have found in the lessons.

As you come to the lessons in Sense Culture, beginning on page 127, do not “peter out” and allow your original resolution to develop will power to be balked, just because there are some exercises.

Remember this, all that you will ever know in this world, every iota of knowledge you will ever possess, comes to you through your Five Senses. A child without Sight, Hearing, Touch, Taste or Smell never would gain any knowledge, it would be but a physical machine absolutely devoid of the ability to know, think, reason or understand.

Therefore, the greatest opportunity in your life is the opportunity to learn how to make your five senses yield you greater brain powers. And to this end Dr. Haddock has in the second division, “The WILL and SENSE CULTURE,” given you the most elaborate and successful exercises ever arranged to multiply the powers of your Senses, through which your knowledge and success may be enhanced.

## **Coaching & Membership Module #7**

**The Laws of Attraction Will Work For You!**

“Module #7 Is all about THE LAWS OF ATTRACTION and how you can use them with your Mind Force and Qi Energy. This module contains the “Real” Secret behind the movie “the Secret...”

*Siful Perhacs*



## **Videos**



**Using Mind Force & Qi Energy for Attraction** Simplified methods of using Mind Force and Qi to attract your desires



**The Center of Being Exercise** Advanced method for manifestation and attraction



**Hypnotic Pattern- “A Person Can”** Covert Persuasion and Hypnotic Influence Pattern



**Hypnotic Pattern- “By The Time You’ve Started to, You’ll”** Covert Persuasion and Hypnotic Influence Pattern



**Hypnotic Pattern- “Can You Imagine”** Covert Persuasion and Hypnotic Influence Pattern



**Hypnotic Pattern- “Eventually”** Covert Persuasion and Hypnotic Influence Pattern



## Audios

Many of these audio files are the MP3's of the Videos, while others are additional content. Our members asked us to provide as much of the video content on MP3, so they could download it to listen at their leisure. (Please note that there are other audio files for download if they correspond with a certain video. Check the video download page for additional audio files)

[Using Qi Energy for Attraction- Conference Call](#)

[Interview with Benjamin Richardson](#)

[Hypnotic Pattern- “A Person Can”](#)

[Hypnotic Pattern- “By the Time You’ve Started to, You’ll”](#)

[Hypnotic Pattern- “Can You Imagine”](#)

## [Hypnotic Pattern- "Eventually"](#)

### [Q&A Session from Inner Circle \(Good Content\)"](#)

1. Can a chi master diagnose illness or disease with accuracy?

2. Will chi practice improve my eye sight or hearing ability? How about the other senses?

There are many more senses than the five we are taught in school-sight, hearing, touching, tasting, & smelling. Some scientists think there are 17 recognized senses. Mostly being under the parapsychology field which involves receptors and sensors located on cells of the body. Yes it will in different ways help all of the organs and senses.

3. What abilities can we expect by the end of the first year or the second year?

Use list of abilities sheet I made up already

4. Can the money earned in gambling by using chi power, be cleansed by the chi energy?

5. You talk about using chi energy in other applications, could you say use it for getting a better job or even getting one?

6. I was trying the pulsing technique on my brother, but he said he couldn't feel anything. Am I doing something wrong? I told myself I wanted him to feel it?

You have to make yourself feel it first (on a small scale) what you want that person to feel. In other words go thru the motions inside yourself before and at the same time as you are trying to get them to feel it.

7. In the chi power plus material, you show us how to attract animals to us by using the yin chi breath, is that the way we are going to learn how do this in the inner circle? Should I start practicing that kind of breath in order to be ready, when we learn it?

8. How long does it take to bend metals (psychokinesis)?

9. When I get up from my lying down med, I can easily feel the chi moving around me, is it because I'm just getting more sensitive due to being motionless or do you actually build up your chi during the lying down med too?

10. On a similar note, I can wiggle my fingers now and feel the sensations all around my body from doing it, is this because I'm just more sensitive (and there's the same amount of chi) or is it a case that my chi is building up and I'm feeling it more due to the build up?

11. You have said that yelling and shouting doesn't mesh well with this method, I'm an instructor and need to shout sometimes, so everyone can hear, will this be a problem? How about using extreme laughter, is it also bad?

12. My question is regarding while sleeping, is it dangerous to have your arms/hands lying on your chest? If you were deep breathing while dreaming and your limbs were on your chest would it hurt you? I was doing a lying down med and when I got up a rush of chi energy went shooting down into my leg and foot after I clenched my hand in a fist. In an mp3 you said we don't know where those breaths will go, will I get hurt accidentally doing them in dreams?

13. Let's say I had to quit training for a couple weeks, does your nerve fibers still grow for awhile after you stop? How much chi would I be losing?

14. I'm having the hardest time putting out the candle, could you give me any suggestions to make it easier?

15. Something new happening, I am starting to get shocked a lot just walking across carpeting. Is this because the chi energy is getting stronger and jumping out of me? Is this how we are going to get something to move in the future?

You can't control static electricity, we are going to teach them how to move something thru learning how to form your chi first.

## **Subliminal Entrainment Files**

These unique files will enable you to get to a deeper state of relaxation with your meditations. These tracks have been specifically designed for use with Mind Force Quantum Qigong training. The sounds contain their own kind of energy that will allow your own qi energy to resonate at a much higher level. Combine these with your affirmations and directions and you have an unstoppable force for positive change.

[Alpha Hypnotic Energy and Motivation](#)

## **Qi Attraction Exercise (Center of Being Meditation)**

In this guided short meditation, you will learn how to entrain your mind to the concept of Qi perception and sensitivity skills...

[Center of Being Meditation Exercise](#)

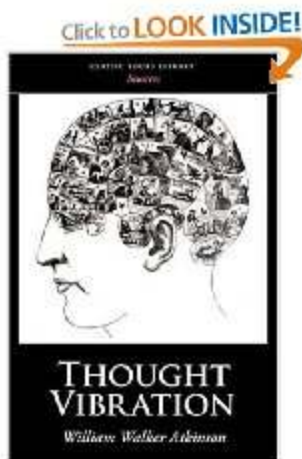


## **Documents**

[Center of Being Meditation for Attraction Script](#)

[Module 7 Training Guide](#)

This training guide will be a quick reference for all of the the things you've learned in this module. Print this guide out so you can keep track of your progress as well as keep you focused on the skills you are learning within each module.



### Thought Vibration

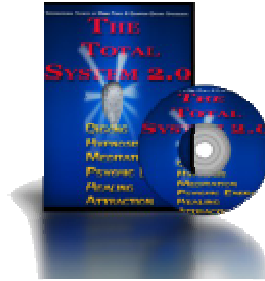
**Thought Vibration: by Frank Channing Haddock-** Although This book was written in 1906, many of the concepts and methods used are relevant today. You will find this book to be insightful as to how to use your chi energy with thought vibrations. The key to this is understanding that we are showing you all of the different pieces to the puzzle so you can become more effective than someone else just using a few of the pieces. Thought vibration is potent, but when combined with the physical chi energy which you are building up, the power becomes exponential in nature.

## **Coaching & Membership Module #8**

**Please Make Sure You Go Over The Advanced Video Several Times  
(Incedently, I said Module 7 on the video, but I meant 😊 8)**

“Module #8 Reveals the highly anticipated launching of the Advanced Chi Power Training Video #2- Building Chi Density”

*Siful Perhacs*



## Videos



**The Advanced Chi DVD #2- Building Chi Density Part 1** This is the 2nd Advanced Video and is the basis for helping to develop tremendous Qi



**The Advanced Chi DVD #2- Building Chi Density-Part 2** Part 2 of the Advanced Exercise Set



## Audios

Many of these audio files are the MP3's of the Videos, while others are additional content. Our members asked us to provide as much of the video content on MP3, so they could download it to listen at their leisure. (Please note that there are other audio files for download if they correspond with a certain video. Check the video download page for additional audio files)

### **Sexual & Spiritual Energy Seminar:**

In this MP3 file you will discover the differences between sexual energy and spiritual energy and how each one relates to the other as well as which one you want to focus on in your training.

### **Interview with Sifu Andrei:**

You may have saw Andrei pick out the objects in the cans or bend metal with his chi, but you haven't seen anything until you hear his story. Andrei has been a healer since he was a child and has an incredible belief in himself and The Quantum Qigong System.

### **[Q&A Session from Inner Circle \(Good Content\)](#)**

1. Since chi is made up of sub atomic particles, is it possible, once you've gotten good enough at it to materialize a solid object? Also I heard of putting up barriers, is it possible to put up an actual



physical wall as opposed to an etheric barrier (a mentally perceived barrier) to protect from psychic attacks?

2. About how long does it take to get to the water stage? I realize it varies, but what is a typical time range? Also how strong would one's chi abilities be at this point?

3. If one exercises, but not on a regular consistent basis, would the chi still build up over a longer period of time?

4. Aside from building up the chi thru the exercises, is it necessary to practice projecting the chi all the time in order to get good? Will you still get good not practicing the projecting, but just do the exercises?

5. When using auto suggestions to manifest something like a larger income, is it necessary to consciously work at the goal with the chi providing the opportunity, or will the chi just automatically increase the income?

6. Speaking of auto suggestions, is it possible to use them in order to speed up the results of your training?

7. Besides from the martial arts and health benefits, what are some real time applications for chi?

8. I have been doing some heavy work and my muscles were sore, so I pulsed down the chi thru my sore muscles and the pain went away. Is it a good idea to use pulsing techniques to get rid of pain? Also I wear a rosary around my neck, will it get charged up with chi energy? Does anything that touches you or around you get charged up?

9. You keep reminding us to make the chi exercises in a happy blissful state, by that do you mean a calm happiness or more of an excited happiness?

10. My energy fields have started to expand as far as I can spread my arms apart and I've noticed I feel energy around me in any direction and it feels like when I do the palm test, have you experienced this before?

11. To what extent do we create our own reality? Also is shape shifting possible?

12. Quick question about bone marrow/energy packing and the blood washing exercise, when we do those exercises are we taking the energy that is around us & using it to increase our psi & energy? Is it actually that simple?

13. What should the ratio or balance be for the micro/macro cosmic orbits? I can feel the energy more doing it in the reverse way is this normal?

14. I have been using the ice, trying to learn the chi distillation technique, how do you know when you have got it down? My body seems to feel cold all the time now, so much so that I have started to get pains coming out of my joints, is this suppose to feel like this?

15. I started practicing trying to put the candle out to see if it would really go out like you guys say it would and I actually was able to put it out after I cut down the wick. I was wondering though if your eyes are suppose to tear up as I found mine kept doing so as I concentrated harder, is this normal & is it safe to do? .

## Subliminal Entrainment Files

These unique files will enable you to get to a deeper state of relaxation with your meditations. These tracks have been specifically designed for use with Mind Force Quantum Qigong training. The sounds contain their own kind of energy that will allow your own qi energy to resonate at a much higher level. Combine these with your affirmations and directions and you have an unstoppable force for positive change.

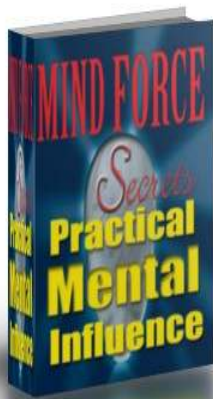
[Theta Deep Relaxation](#)



## Documents

[Module 8 Training Guide \(Coming Soon\)](#)

This training guide will be a quick reference for all of the things you've learned in this module. Print this guide out so you can keep track of your progress as well as keep you focused on the skills you are learning within each module.



[Practical Mental Influence](#)

**Practical Mental Influence:** This is another book from my archives of unique books that really resonates intrinsic value...Even though this was written many years ago, the content is as meaningful today as it was when it was first published...Like all of the books I recommend, make sure you take notes and apply the techniques that speak to you personally...

# Coaching & Membership Module #9

**Be Sure to Listen to These Files Several Times**

“Module #9 This month, we have some interesting items to aid in your training. This itinerary may change if we feel there is something more important to be covered. Of course your feedback determines what topics could be of the most importance to the group as a whole. Keep in mind some of this may be in video, MP3 format or both. Here is what is coming

*Sifu Perhacs*



## Videos

**Maybe You'll-** This video will cover several ways to use this potent pattern. Covert Persuasion and Hypnotic Influence Pattern

**Maybe You Haven't Yet.** This video will cover several ways to use this potent pattern. Covert Persuasion and Hypnotic Influence Pattern

**People Can You Know - This video will cover several ways to use this potent pattern.** Covert Persuasion and Hypnotic Influence Pattern

**One of The Things Is...-This video will cover several ways to use this potent pattern..**Covert Persuasion and Hypnotic Influence Pattern

### **How to super charge your Affirmations & Auto suggestions**

How to Super Charge Your Affirmations & Autosuggestions:

We have noticed from feedback from the members, that many are not getting the most out of their affirmations and auto-suggestions. Sifu Jones has put together a rather unique video and audio sequence that you must listen to. One thing you must keep in mind as the next several months of training are revealed, is that we will begin to add our chi significantly into the audios, videos and even the documents we will be presenting...

The advanced levels of Chi Power are where you use your chi in every aspect of your life. We have spoken about this many times since you have been involved in the Inner Circle. This unique video and audio file is one where we deliberately infused it with chi, auto-suggestions and affirmations to help you along. Here is what we recommend you do.

1. Watch the video while focusing on the words contained on the screen
2. Listen to the audio file only, so you can concentrate on Sifu Jone's every word
3. Go back and watch the video again.

Now, you can do this several times, but you will notice certain things happening each time you do it. Your mission (should you choose to complete it) is to let us know what you are picking up from both the video as well as the audio file.



## **Audios**

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Patterns of Influence Training:

These are some of the most potent patterns to use when you are using indirect hypnotic influence. Once you get these patterns to work, you will be amazed at the results you will get from them. As usual, make sure you drill this technique over and over again, so you can become proficient in it...

[Maybe You'll](#)

[Maybe You Haven't Yet](#)

[People Can You Know](#)

[One Of the Things Is](#)

## **How to Super Charge Your Affirmations 7 Auto-Suggestions**

[How to super charge your Affirmations & Auto suggestions \(right click-save as\)](#)

### **Are You Heading Into The Danger Zone:**

Here's some of the Tell-Tell Signs concerning side effects & Chi Energy This topic covers the pit falls of overloading your nerve fibers. Learning to avoid the bad side effects of Chi Power Training.

## **Questions & Answers Session: In This Session the Following Questions Are Answered :**

[click here to download part one](#)

[click here to download part two](#)

[click here to download part three](#)

1. Why is the BWE done so fast? Is this important (the fast moving part) or can I do the exercise much slower, so it doesn't make me sweat so much?
2. So, it seems like you took out most of the exercises from the Vol-1 DVD, so does that mean you are suppose to add the two volumes together?
3. If we are only going to do the Vol-2 exercises now, that's a lot fewer exercises, since you are only doing the standing, lying down, BWEs, and the circles. Is that really all you need is just these, as it seems like doing more would do more? Are doing fewer exercises really building us up faster?
4. On the new Vol-2 DVD you show us how to do the standing med with the new way of deep breathing, but I'm not sure which to breathe from, my nose or my mouth? Does it matter which way it is done, he looks like he does it with his nose, is that way better?

5. Are you saying that doing this side to side, merry go round way of moving around the chi and not the top to bottom method is making it a spiritual exercise? I'm confused on how that makes it a spiritual exercise?
6. Will either the Vol-1 or Vol-2 lead to us being able to levitate? Does your Inner Circle teach this technique? I really want to be able to do this, is it really possible?
7. I'm starting to get a few rashes and redish bumps on my bottom, knee caps and elbows, is this related to this training? Should I be concerned as it doesn't hurt or anything, it's just not attractive?
8. Is there a difference between chi and the kundalini?
9. One day I was moving my chi wheel w/my eyes by staring at the image thru the mirror, instead of the usual looking at it directly,  
how was that possible that I could still get it to move?
10. Recently, I was moving around my chi spinner, trying to move it with as much power as I could and as fast as I could and suddenly a drawer opened up next to me w/o me touching it. Is it possible I could have done that or was it something else?
11. My body usually gets very cold during and after the chi exercises and lasts for quite awhile after my workout. Is this a safe way to do these exercises? Is it okay to do the exercises in the cold the whole time or would it lead to bad side effects?
12. On the Vol-2 Circle exercise, are you making the circles go around your entire body or just in front of the body? I can do it better if I'm the middle of the circle, is that okay? Is he showing the circles in front of him, at least that's what his arms are doing?
13. I'm still a little skeptical yet, though I really am feeling a pick up of energy and these feeling of an electrical sensation, so I can see there is something to it. My question is how are you really gong to get us in touch with our spirits? I've been learning things from everywhere I can and nothing has worked yet, what are you doing that is different then the rest?
14. I know it can vary as far as time, but I would like to know how long the normal person takes in order to feel their spirit for the first time?
15. Sometimes, when I'm doing the fast blood washing exercise, after I'm finished and sitting there relaxing, I can feel this swirling sensation coming from different areas of my body. The funny thing is sometimes they go in the way you are teaching us, but sometimes they go the other way (counterclockwise) is this normal or am I doing the exercises wrong?

## **Interview and instruction with instructor Andrei Biesinger part 2**

You may have saw Andrei pick out the objects in the cans or bend metal with his chi, but you haven't seen anything until you hear his story. Andrei has been a healer since he was a child and has an incredible belief in himself and The Chi Power System.

[Andrei Biesinger part 2](#)

## **Natural Killer Cells & Chi**

This interesting audio file will allow you to see the significant similarities between "Natural Killer Cells" and Chi Power Training.

[Natural Killer Cells & Chi](#)

## Subliminal File #9

Each Subliminal file contains a different to accessing your subliminal powers. Use them wisely...



**Subliminal File #9: "Alpha Disassociation Success".**

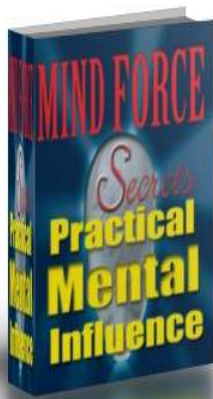
[Click Here to Download in MP3 Format](#)



## Documents

[Module 9 Training Guide](#)

This training guide will be a quick reference for all of the the things you've learned in this module. Print this guide out so you can keep track of your progress as well as keep you focused on the skills you are learning within each module.



[Practical Mental Influence](#)

**Practical Mental Influence:** This is another book from my archives of unique books that really resonates intrinsic value...Even though this was written many years ago, the content is as meaningful today as it was when it was first published...Like all of the books I recommend, make sure you take notes and apply the techniques that speak to you personally...

[Are You Heading Into The Danger Zone:](#)

# **Coaching & Membership Module #10**

**Many of the Videos and Files Will Be Uploaded in the Next Couple of Days**

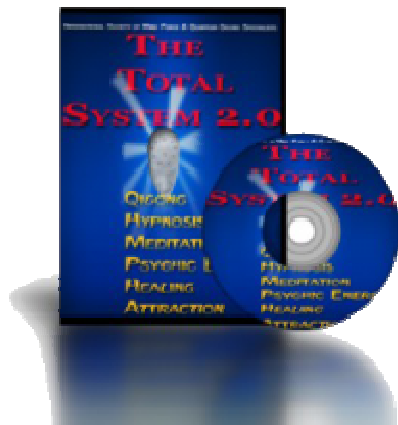
“Module #10 Part of what you will learn in this set of modules is more on the Patterns of Influence Training. These patterns will allow you to really get a complete understanding of how to use Hypnotic Influence and Covert Persuasion to it maximum. You will also have a download of the book ” The Law of Mentalism”. This classic contains some of the best information on Mentalism, even though it was written over 100 years ago (now that is crazy enough isn't it?)

You'll also receive a great new Subliminal File to use for your affirmations, meditations or any other programming you are currently doing. Very powerful stuff..

This Module will also entail opening up your mind to some new techniques, concepts and methods you are sure to love. As always, send us your questions so we can answer them for you via audio or video. We are going to start the month off with a video. This video is something we felt would be very beneficial to everyone at this level as the content is a question we get all the time in regards to how to keep your mind and body euphoric.

*Sifu Perhacs*





## Videos



### [How To Develop a Euphoric Feeling & Attitude](#)

Several strategies are covered in this video that you will want to implement immediately. Simple yet effective methods that will allow you to stay in the euphoric zone.



### [The Amazing Chi Stick Video](#) Learn how to use this device for advanced Chi

Manipulation.



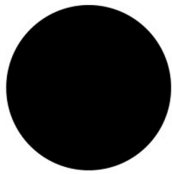
### [Using Psychic Tools](#)

The tools you will learn about in this video will allow you to tap into the psychic portion of your mind in a new and different way than before. Please note this training is very potent and should not be attempted unless you have a clear and positive mind.

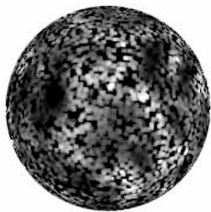
Patterns of Influence Training:

These are some of the most potent patterns to use when you are using indirect hypnotic influence. Once you get these patterns to work, you will be amazed at the results you will get from them.

As usual, make sure you drill this technique over and over again, so you can become proficient in it...



[Random Field Image #1](#)



[Random Field Image #2](#)



[I don't know whether](#) This video will cover several ways to use this potent pattern.



[In the days and weeks ahead](#) This video will cover several ways to use this potent pattern.



[Isn't it nice to know](#) This video will cover several ways to use this potent pattern.



[One Can Name](#) This video will cover several ways to use this potent pattern.



## Audios

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[Psychic Tools](#)

[I Don't Know Whether](#)

[Isn't It Nice To Know](#)

[In The Days And Weeks Ahead](#)

[One Name Can](#)

**Question & Answer Session**

[Question & Answer Session](#)

1. From listening to the Danger Zone MP3, I found out I was yanging, so I'm taking off a couple days like you suggested. My question is would it still be okay to listen to the MP3s on the Inner Circle website?

2. Before I understood how bad it was to talk down to myself, I did it all the time. But now that I know better from the chi training you teach, I was wondering how I could see myself in a better way, so I don't do it so much. Any suggestions?

Use self hypnosis on yourself. Every time you pass a mirror tell yourself, "Wow, you're one good looking fellow", "No wonder everyone likes you" and repeat as necessary.

3. I enjoyed the MP3 on Natural Killer Cells, so does this mean we should continue on with the energy packing & organ balancing exercises, as I want to keep my NK cells in great shape?

4. I was wanting to get good at moving things like Sifu Andrei does and I was wondering if I put in an hour a day at trying to move something would I be able to do it quicker?
5. I think I might have overloaded my organs, as I feel a slight pain pulsing from my kidneys and my spleen. It doesn't really hurt much, so I was wondering if I can still train? The pain isn't extreme like you're talking about.
6. I'm coming in from a traditional yang style of chi gung and we did a lot of tightening exercises. The last few MP3s have made me re-think my views and I want to get on this yin side you're talking about. My question is how do I stop tightening up all the time as it just seems so natural to do it now?
7. Concerning the pheromone MP3, I was wondering if someone is mad at you and triggers your hormones to get aggressive, how do you stop it from happening? I would think this is important, since your natural killer cells would be affected?
8. I've heard from a bunch of sources now about the importance of protein, I thought they built muscles, is this something we should include in our diet? Does it matter which kind it is, either soy or whey, which is better?
9. So, are you saying all we have to do is tell someone to turn their NK cells on in order for you to turn them on? Is it really that easy, as this doesn't seem like it could work?
10. Does the moderate use of alcohol or any other type drugs inhibit significantly your chi training?
11. Are you using the term nerve fibers to mean the same thing as the meridians that the Chinese refer to when speaking of the chi pathways?
12. I really like the circle exercise and was wondering if we could do it longer than you show on Vol-2? Also is it alright to do the circles in the lying down meditation as I find I can do it very easily while doing it in that position? Is this a good way of doing the affirmations at night?
13. A couple days ago, I was sitting up and relaxing, when I started to feel like I was vibrating (like a sphere), I went with the feeling for awhile, then when I opened my eyes the whole room was also vibrating like it had a breath or heartbeat to it. It lasted for several minutes. What's going on with that?
14. Are you guys going to teach sparring with other chi persons using only pressure points and chi power without physically touching them?
15. I know of a woman, who has severe health problems, issues with her heart and the only way she survives is by vampiring off other people's energies. Is this affecting those people like in the same way, when we get vampired on by those things that go bump in the night? What kind of energy does she absorb in order not to have a heart transplant?

**Learning The Three Stages of Chi Energy:** Teaches you about the different stages of chi developement.

[Click Here to Download The MP3 File #1](#)

[Click Here to Download The MP3 File #2](#)

**Emotional Content:** Learning to transfer energy throughout the body for better control.

[Click Here to Download The MP3 File #1](#)

[Click Here to Download The MP3 File #2](#)

## Subliminal File #10

Each Subliminal file contains a different to accessing your subliminal powers. Use them wisely...



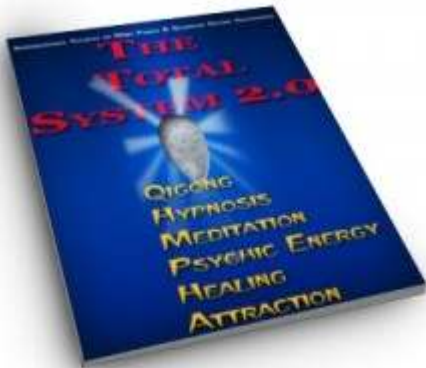
Subliminal File #10: "Theta Deep Simple Dual Induction".

[Click Here to Download in MP3 Format](#)

## Bonus- Chi Stick Seminar

More detailed info on how to use this amazing tool...

[Chi Stick Seminar](#)



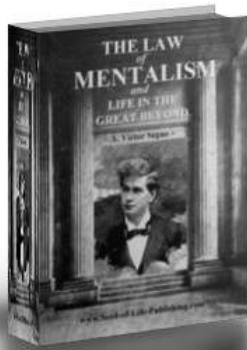
## Documents

[Module 10 Training Guide](#)

This training guide will be a quick reference for all of the the things you've learned in this module. Print this guide out so you can keep track of your progress as well as keep you focused on the skills you are learning within each module.

Book- The Law of Mentalism

This is another book from my archives of unique books that really resonates intrinsic value...Even though this was written many years ago, the content is as meaningful today as it was when it was first published...Like all of the books I recommend, make sure you take notes and apply the techniques that speak to you personally...



The book in this module is entitled “The Law of Mentalism”. This unique manuscript was digitally copied from its original book back at the turn of the century. Wait until you see how it is digitally restored. This book probably looks better than when you could get it at the book store. As with all of the books, make sure you are taking notes, so you can get all the nuggets of info they contain.

This was a groundbreaking book when it was published at the turn of the century, but the cool thing is the information and techniques work just as well today as they did back then...

\*\*\*Because this file has been digitally restored it is very large (over 20mb), so keep that in mind when downloading it...

[The Law of Mentalism](#)

[Psychic Tools Notes](#)

## Coaching & Membership Module #11

**Please Make Sure You Are Using These Techniques Safely**

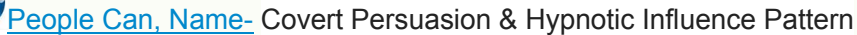
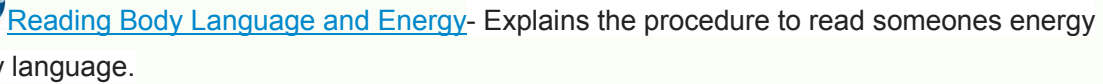
“The 11th Module will go into to more unique ways to harness and deliver your Qi energy.

Here is a short video for you to watch....”

*Siful Perhacs*



## Videos



# Audios

Many of these audio files are the MP3's of the Videos, while others are additional content. Our members asked us to provide as much of the video content on MP3, so they could download it to listen at their leisure.

## **Transferring Energy Training**

[Your Download Item Name Here](#)

### **Question & Answer Session**

#### Question & Answer Session

1. Since you say it takes years, even for you guys, 2-3 yrs to get in touch with our spirit, will we be able to reach that point if we don't continue in the system past the first year?

Do we have to be in the closed system part to learn this process?

2. Is getting into the closed part of the system going to be an automatic process? Will there be other requirements?

3. On using the chi stick, how do you know which way is up?

4. Do you have any other tips on how to handle the sexual energy build up, as it seems to build in me to unreal levels no matter which way I do it, any suggestions?

No more Vol-1 exercises, switch to Vol-2 only, don't take energy thru the head or groin areas as much, take cold showers and use cool energy in those areas, don't equate the euphoric feelings to the sex drive, listen to spiritual things more and only practice in a spiritual surrounding.

5. From the Emotional Content mp3, which I liked and got good info, but I wasn't sure if the omega-6 fatty acids were good for us or not, could you comment?

Omega-3 and Omega-6 are the essential fatty acids we need in our bodies. We don't want them hydrogenated, rendering them harmful to us, by the heating up process. They are good for the heart.

6. I work on new people everyday (from 1-3 daily) and I was wondering what I should do when one of those people walk in all yanged out, as it has a tendency right now to be very draining and adversely affecting me?

Refer to video of month on Healing techniques for the detailed answer on this one, coming in month 11.

7. Could you explain in a little more detail how you put the good feeling energy into the blob of energy we move around? I feel the blob of energy, but don't get how to make it (the blob itself) feel good?

8. Can you explain about the seven vortexes a little more, as I think I activated one in my chi point area? That whole area will just spontaneously start spinning sometime during my workout, making me feel the weirdest sensations, is this suppose to feel this way? Sometimes I feel it, and I'm not even working out.

9. I was wondering what is happening with me lately, It started out by me feeling these waves of energy coming thru my body as I listened to the 8th month video on affirmations, but now when I



listen to any of the mp3s (even by other certified instructors) this wave feeling continues to happen. Is that a normal thing?

10. If I wanted to manifest something with a training partner would it still work okay, even though he's moving away to a different state? Does the distance matter?

11. Do we as Inner Circle Members, need to purchase a Chi Stick? It's kind of expensive, so if we don't need it, I just soon not have to buy it.

Depends on how well you visualize, if you do it well, you don't need the stick, if not then the stick will be cheap in the long run.

12. I have a question concerning magnets. Does the use of magnets benefit your training that much? I'm curious, as I see them advertised a lot of places and notice you occasionally sell them. If they are worth the money I'll get them, but would like your opinion first.

13. You have mentioned the term inflows and outflows a couple times now, but I still don't know what this means. Are you talking about using the breaths or is this that body breathing you're talking about?

14. I have studied about how to do a Dim Mak technique for 10-yrs now and was wondering if I got your Dim Mak course, if it would give me the missing pieces of the puzzle I seem to be missing? Will your course really teach me to do a death touch?

15. Can you explain to me how to give someone an autosuggestion that would work, even though they may be across the country away?

Yes, try something as simple as getting someone you know to call that you haven't talked to in a long time. See them in your head and tell them to call and at the same time see this happening as a video clip in your head. See how many times you have to do it before they call. Try it in different ways to see which way works best for you.

[Vampiring Energy \(the Advantages vs Disadvantages\)"](#)

Another Exclusive Indepth discussion on energy vampiring. How to avoid it, how to control it, and how to do it.

## **Subliminal File #11**

Each Subliminal file contains a different to accessing your subliminal powers. Use them wisely...



Subliminal File #10: "Alpha Disassociation Winning Attitude".

[Click Here to Download in MP3 Format](#)



## Documents

[Vampirism Energy \(the Advantages vs Disadvantages\)](#)

### Book- Frogs Into Princes



This is one of the books that generated the incredible enthusiasm for the Neuro Linguistic Programming movement in the 70's. Written by the two creators of NLP, Richard Bandler and John Grinder, this book takes a look into language patterns, hypnotic influence and other unique topics.

*\*This book is no longer being published, but I would highly recommend you get your hands on a hard copy if you can. I provide the book in electronic format, so you can get a sense for its value. My advice is to see if you can secure a copy of this book from Amazon or Barnes and Noble.*

[Download the Book Here](#)

## Coaching & Membership Module #12

**This is Just The Beginning of Your Quantum Qigong Journey**

“The 12th month of your Chi Power Inner Circle Training is the final step of your first year of training. You will learn some advanced topics during this month.”

*Siful Perhacs*



## Videos



[Using Effective Healing Techniques](#)- How to use your Qi Energy to Heal Yourself or Others



[How to Remote View and Astral Project](#)- Explains the procedures to some of the Underground Secrets of how to do these skills.



[I Wonder](#) Covert Persuasion & Hypnotic Influence Pattern



[I'm Wondering If](#) Covert Persuasion & Hypnotic Influence Pattern



[I Wonder if You Already Started to Notice](#) Covert Persuasion & Hypnotic Influence Pattern



[I'm Curious to Know:](#) Covert Persuasion & Hypnotic Influence Pattern



## Audios

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### **Brain Functioning/ Selective Training**

When we talk about the Mind/Body/Spirit connection it is with the understanding that the goal is to get all 3 of these units working together as a team. In this audio file, we will explore how the mind and brain function better as a result of this training

[Click here To Download](#)

### **Nutrition & Vitamins Seminar with Dr. Earnest**

In this interview, Chi Power Inner Circle Member Dr. Thomas Earnest will discuss nutrition. If you have any specific questions for Dr. Earnest, please use the contact form on the Inner Circle page.

[Click Here To Download Part 1"](#)

[Click Here To Download Part 2](#)

### **Linear Qi vs Circular Qi**

[Click Here To Download "](#)

### **List of Abilities After Completion of 12 Modules**

[Click Here To Download](#)

### **Total System Members Interviews**

[Tamra](#)

[John](#)

[Cindy](#)

[Nelson](#)

[Chris](#)

[Daniel](#)

### **How to Remote View/Astral Project**

[How to Remote View/Beginning Astral Projection](#)

### **Body Breathing Part 1**

[Click Here to Download](#)

### **The Closed System- What To Expect**

Here we go into detail on the Closed System Curriculum. What it is about, what is to be expected etc.

[Click Here To Download “](#)



## Documents

[Using Effective Healing Techniques”](#)

[How to Remote View/Beginning Astral Projection](#)

[Brain Functioning/Selective Training](#)

[Nutrition Basics](#)

[List of Abilities After 12 Modules](#)

**Total System of Mind Force & Quantum Qigong Phase I Certificate**



# International Society of Mind Force & Quantum Qigong Specialists

*Name of Student*

## TOTAL SYSTEM OF MIND FORCE & QUANTUM QIGONG

The above listed individual has successfully completed an intensive comprehensive course in Mind Force & Quantum Qigong and is here by certified and qualifies, as a Phase I Graduate of the Total System of Mind Force & Quantum Qigong.



**1<sup>st</sup> Year Certification**

**In The Arts & Sciences of Mind Force & Quantum Qigong**

[www.QuantumQigongSystem.com](http://www.QuantumQigongSystem.com)