



## **Module #5 Manual**

Module 5 is where the real training begins...

The first 4 modules were designed to get you exposed to the system and start to work on things that will accelerate your Qi.

Starting with this module, you will be introduced to some unique individuals who have been using this method for extreme types of techniques.

Many of these individuals found this training system the same way you have, so their results and skills are directly related to what you are learning.

### **Sensing Objects with Qi**

So, you've learned how to sense different types of colors with your Qi, now we are going to up the ante and show you how to perceive objects.

This is a very valuable skill to have once you understand how it works and how it will work for you.

Some call this "Scanning" or "Sensing".

Andrei, who is one of our instructors, will show you how it is done, but more importantly, he explains how he is doing it.

This little lesson will be quite valuable to you, if you will take it and begin to understand the mechanics of how he is using his energy.

Once you have watched the video several times, do this test for yourself with several different types of objects and report back to us with your results and finding.



Put it on video if your daring enough.

## **The Cause and Effect Pattern**

This "base" pattern will allow you to influence with power...

When you combine a pattern like this with your energy, your influence skills go up exponentially.

Take some of the patterns on the video and drill them.

Pick one out and work on it for a couple of days. Weave it into your daily life and see how well they work.

Everyone I have coached and has taken specific patterns and having tested them has received excellent results.

The key to all the things you are learning is about "Flight Time". Take the concepts and apply them.

## **Psycho Cybernetics Training**

What can I say about this book other than it is incredible...

I encourage you to buy a personal hard copy that you can read, underline and then re-read it again and again.

Information this high in quality must be studied.

This was one of the first books I read when I was around 19 years old. My dad gave me a copy and said, "Read this son".



Like most 19 year olds, I wasn't that excited until I started to read it and understand how many of the situations in the book sounded like my own personal situations.

And you see, that is why you need to read books for your mind, because they speak directly to your situation a lot of the time.

The combination of the Mind and The Qi is so powerful, but not doing so, just makes you like everyone else.

You are getting the super-charged training that most would want to know, but don't...

## **Interview with Michael Allen**

One of the first guys I met 16 years ago was Michael Allen.

When he started to tell me some of the stories, I was amazed.

Then he started to show me, how I could do the same things.

This interview is one that you will need to listen to over and over again to get all the little nuances of what he is saying.

We've put these interviews in place, so you can see that others are using these skills and taking them to some really interesting levels.

Michael Allen is certainly one of those people.



## **Should You Have a Training Partner?**

The truth is, you will get better faster with a training partner.

The other truth is that you have to have the right training partner to make this work.

In "Closed Door Training Schools", the sensei, sifu or instructor assigns a partner to you that will be your workout buddy.

That person is responsible for pushing you and giving you feedback and vice versa.

With Qi training it really is a good idea to have a training partner, because they will be able to feel your energy when you can't.

They can give you feedback that will allow you to grow a lot faster. And you can do the same for them.

So, where do you find one?

Take an ad out on Craig's List that you are looking to train someone in Quantum Qigong.

Of course you want to interview them to make sure they are what you are looking for.

You can also join meetup.com and see if you can find one there.